

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 13:30 until 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Demeyere Linda HEADCOACH

Coaches: Desmet Lindsay

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE WOMEN 10-9 **Heat:1, starttime: 14:30**

Heat: 1/2 Lane : 3 Athlete: HOLVOET LUCIE **Q-time: 01:49:69**

PB (25m pool): 01:49.69 Diksmuide 08/02/2026 **PB (50m pool): no time** **SB: 01:49.69** Diksmuide 08/02/2026

| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
|----|-----------------|-----------|-----------------|-----------|--|
| PB | | 00:50.82 | | 01:49.69 | |
| | <i>00:50.82</i> | | <i>00:58.87</i> | | |
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Coach feedback:

Event number: 1: 100M FREESTYLE WOMEN 10-9 **Heat:1, starttime: 14:30**

Heat: 1/2 Lane : 5 Athlete: VANBIERVLIE MANON **Q-time: 01:38:81**

PB (25m pool): 01:38.81 Diksmuide 08/02/2026 **PB (50m pool): no time** **SB: 01:38.81** Diksmuide 08/02/2026

| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
|----|-----------------|-----------|-----------------|-----------|--|
| PB | | 00:47.13 | | 01:38.81 | |
| | <i>00:47.13</i> | | <i>00:51.68</i> | | |
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Coach feedback:

Event number: 1: 100M FREESTYLE WOMEN 10-9 **Heat:2, starttime: 14:32**

Heat: 2/2 Lane : 2 Athlete: VANDAELE JULIET **Q-time: 01:33:13**

PB (25m pool): 01:33.13 Diksmuide 08/02/2026 **PB (50m pool): 01:33.30** **SB: 01:33.13** Diksmuide 08/02/2026

| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
|----|-----------------|-----------|-----------------|-----------|--|
| PB | | 00:43.80 | | 01:33.13 | |
| | <i>00:43.80</i> | | <i>00:49.33</i> | | |
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Coach feedback:

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: IKZ

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|--|-------------|-------------|--|---------------------------------|--|
| Event number: 2: 100M FREESTYLE MEN 10-9 | | | | Heat:1, starttime: 14:35 | |
| Heat: 1/2 Lane : 3 Athlete: SINNESAEEL NOAH | | | | Q-time: 01:47:32 | |
| PB (25m pool): 01:47.32 Diksmuide 08/02/2026 | | | PB (50m pool): no time SB: 01:47.32 Diksmuide 08/02/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:48.60 | | 01:47.32 | |
| | 00:48.60 | | 00:58.72 | | |
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Coach feedback:

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|--|-------------|-------------|---|---------------------------------|--|
| Event number: 2: 100M FREESTYLE MEN 10-9 | | | | Heat:2, starttime: 14:37 | |
| Heat: 2/2 Lane : 2 Athlete: VANBIERVLIET VICTOR | | | | Q-time: 01:23:97 | |
| PB (25m pool): 01:23.97 Torhout 06/12/2025 | | | PB (50m pool): 01:35.43 SB: 01:23.97 Torhout 06/12/2025 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:39.13 | | 01:23.97 | |
| | 00:39.13 | | 00:44.84 | | |
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Coach feedback:

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|---|-------------|-------------|---|---------------------------------|--|
| Event number: 2: 100M FREESTYLE MEN 10-9 | | | | Heat:2, starttime: 14:37 | |
| Heat: 2/2 Lane : 3 Athlete: DIERKENS HENRI | | | | Q-time: 01:19:08 | |
| PB (25m pool): 01:22.34 Diksmuide 08/02/2026 | | | PB (50m pool): 01:19.08 SB: 01:22.34 Diksmuide 08/02/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:38.89 | | 01:22.34 | |
| | 00:38.89 | | 00:43.45 | | |
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Coach feedback:

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|--|-------------|-------------|------------------------------------|---------------------------------|--|
| Event number: 3: 100M MEDLEY WOMEN 11+ | | | | Heat:2, starttime: 14:42 | |
| Heat: 2/8 Lane : 4 Athlete: DE WEVER MAUD | | | | Q-time: 01:28:10 | |
| PB (25m pool): 01:28.10 Meulebeke 06/04/2025 | | | PB (50m pool): no time SB: no time | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | no time | | 01:28.10 | |
| | no time | | | | |
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Coach feedback:

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: IKZ

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|---|----------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 3: 100M MEDLEY WOMEN 11+ | | | | Heat:5, starttime: 14:48 | |
| Heat: 5/8 Lane : 2 Athlete: VERSTRAETE LINDE | | | | Q-time: 01:19:41 | |
| PB (25m pool): 01:19.41 Meulebeke 06/04/2025 | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | 01:19.41 | |
| | <i>no time</i> | | | | |
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Coach feedback:

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|--|----------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 3: 100M MEDLEY WOMEN 11+ | | | | Heat:5, starttime: 14:48 | |
| Heat: 5/8 Lane : 8 Athlete: NOPPE PAULINE | | | | Q-time: 01:20:03 | |
| PB (25m pool): 01:20.03 Menen 01/06/2025 | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | 01:20.03 | |
| | <i>no time</i> | | | | |
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Coach feedback:

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|---|----------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 3: 100M MEDLEY WOMEN 11+ | | | | Heat:7, starttime: 14:51 | |
| Heat: 7/8 Lane : 3 Athlete: VELGHE LAURA | | | | Q-time: 01:13:41 | |
| PB (25m pool): 01:13.41 Meulebeke 06/04/2025 | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | 01:13.41 | |
| | <i>no time</i> | | | | |
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Coach feedback:

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|--|-----------------|--------------|--|---------------------------------|--|
| Event number: 3: 100M MEDLEY WOMEN 11+ | | | | Heat:7, starttime: 14:51 | |
| Heat: 7/8 Lane : 8 Athlete: DEPUYDT HASSE | | | | Q-time: 01:14:59 | |
| PB (25m pool): 01:14.59 Diksmuide 08/02/2026 | | | PB (50m pool): no time SB: 01:14.59 Diksmuide 08/02/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:34.07 | | 01:14.59 | |
| | <i>00:34.07</i> | | <i>00:40.52</i> | | |
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Coach feedback:

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|--|----------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 3: 100M MEDLEY WOMEN 11+ | | | | Heat:8, starttime: 14:53 | |
| Heat: 8/8 Lane : 1 Athlete: SCHACHT HANNE | | | | Q-time: 01:11:56 | |
| PB (25m pool): 01:11.56 Menen 01/06/2025 | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | 01:11.56 | |
| | <i>no time</i> | | | | |
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Coach feedback:

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|---|-----------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 4: 100M MEDLEY MEN 11+ | | | | Heat:1, starttime: 14:55 | |
| Heat: 1/7 Lane : 7 Athlete: VANDEPUTTE JORBE | | | | Q-time: 99:99:99 | |
| PB (25m pool): 01:24.10 Diksmuide 29/12/2024 | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:41.52 | | 01:24.10 | |
| | <i>00:41.52</i> | | <i>00:42.58</i> | | |
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Coach feedback:

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|---|----------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 4: 100M MEDLEY MEN 11+ | | | | Heat:2, starttime: 14:57 | |
| Heat: 2/7 Lane : 1 Athlete: VANBRABANT ESBEN | | | | Q-time: 01:28:82 | |
| PB (25m pool): no time | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | no time | |
| | <i>no time</i> | | | | |
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Coach feedback:

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|--|-----------------|--------------|--|---------------------------------|--|
| Event number: 4: 100M MEDLEY MEN 11+ | | | | Heat:2, starttime: 14:57 | |
| Heat: 2/7 Lane : 5 Athlete: SINNESAEEL CASPER | | | | Q-time: 01:24:02 | |
| PB (25m pool): 01:24.02 Diksmuide 08/02/2026 | | | PB (50m pool): no time SB: 01:24.02 Diksmuide 08/02/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:39.51 | | 01:24.02 | |
| | <i>00:39.51</i> | | <i>00:44.51</i> | | |
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Coach feedback:

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|---|--------------|--------------|--|---------------------------------|--|
| Event number: 4: 100M MEDLEY MEN 11+ | | | | Heat:3, starttime: 14:59 | |
| Heat: 3/7 Lane : 1 Athlete: STEEN REMI | | | | Q-time: 01:22:99 | |
| PB (25m pool): 01:22.99 Diksmuide 08/02/2026 | | | PB (50m pool): no time SB: 01:22.99 Diksmuide 08/02/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:40.33 | | 01:22.99 | |
| | 00:40.33 | | 00:42.66 | | |
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Coach feedback:

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|--|--------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 5: 100M BACKSTROKE MIXED 10-9 | | | | Heat:1, starttime: 15:08 | |
| Heat: 1/2 Lane : 4 Athlete: VANDAELE JULIET | | | | Q-time: 01:52:86 | |
| PB (25m pool): 01:52.86 LAGO Zwevegem 09/06/2025 | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:55.44 | | 01:52.86 | |
| | 00:55.44 | | 00:57.42 | | |
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Coach feedback:

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|---|--------------|--------------|---|---------------------------------|--|
| Event number: 5: 100M BACKSTROKE MIXED 10-9 | | | | Heat:2, starttime: 15:11 | |
| Heat: 2/2 Lane : 1 Athlete: VANBIERVLIET MANON | | | | Q-time: 01:44:61 | |
| PB (25m pool): 01:44.61 Meulebeke 19/04/2026 | | | PB (50m pool): 01:44.84 SB: 01:44.61 Meulebeke 19/04/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:50.52 | | 01:44.61 | |
| | 00:50.52 | | 00:54.09 | | |
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Coach feedback:

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|--|--------------|--------------|-------------------------------------|---------------------------------|--|
| Event number: 5: 100M BACKSTROKE MIXED 10-9 | | | | Heat:2, starttime: 15:11 | |
| Heat: 2/2 Lane : 6 Athlete: VANBIERVLIET VICTOR | | | | Q-time: 01:33:02 | |
| PB (25m pool): 01:36.99 LAGO Zwevegem 09/06/2025 | | | PB (50m pool): 01:33.02 SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:47.36 | | 01:36.99 | |
| | 00:47.36 | | 00:49.63 | | |
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Coach feedback:

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|--|-------------|-------------|---|---------------------------------|--|
| Event number: 6: 100M FREESTYLE WOMEN 11+ | | | | Heat:3, starttime: 15:18 | |
| Heat: 3/7 Lane : 4 Athlete: DE WEVER MAUD | | | | Q-time: 01:10:07 | |
| PB (25m pool): 01:10.07 Temse 17/11/2025 | | | PB (50m pool): 01:13.29 SB: 01:10.07 Temse 17/11/2025 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:33.48 | | 01:10.07 | |
| | | 00:33.48 | | 00:36.59 | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 6: 100M FREESTYLE WOMEN 11+ | | | | Heat:6, starttime: 15:23 | |
| Heat: 6/7 Lane : 2 Athlete: VERSTRAETE LINDE | | | | Q-time: 01:03:20 | |
| PB (25m pool): 01:03.20 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:04.43 SB: 01:03.20 Zwembad De Treffer 06/04/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:30.61 | | 01:03.20 | |
| | | 00:30.61 | | 00:32.59 | |
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Coach feedback:

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|--|-------------|-------------|-------------------------------------|---------------------------------|--|
| Event number: 6: 100M FREESTYLE WOMEN 11+ | | | | Heat:6, starttime: 15:23 | |
| Heat: 6/7 Lane : 6 Athlete: VELGHE LAURA | | | | Q-time: 01:03:19 | |
| PB (25m pool): 01:03.89 Zwevegem 11/05/2025 | | | PB (50m pool): 01:03.19 SB: no time | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:30.61 | | 01:03.89 | |
| | | 00:30.61 | | 00:33.28 | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 6: 100M FREESTYLE WOMEN 11+ | | | | Heat:6, starttime: 15:23 | |
| Heat: 6/7 Lane : 8 Athlete: NOPPE PAULINE | | | | Q-time: 01:05:28 | |
| PB (25m pool): 01:05.28 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:06.74 SB: 01:05.28 Zwembad De Treffer 06/04/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:31.25 | | 01:05.28 | |
| | | 00:31.25 | | 00:34.03 | |
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Coach feedback:

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: IKZ

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|--|-------------|-------------|---|---------------------------------|--|
| Event number: 6: 100M FREESTYLE WOMEN 11+ | | | | Heat:7, starttime: 15:24 | |
| Heat: 7/7 Lane : 2 Athlete: SCHACHT HANNE | | | | Q-time: 01:01:44 | |
| PB (25m pool): 01:01.44 leper 04/01/2026 | | | PB (50m pool): 01:04.56 SB: 01:01.44 leper 04/01/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:29.28 | | 01:01.44 | |
| | 00:29.28 | | 00:32.16 | | |
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Coach feedback:

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|--|-------------|-------------|---|---------------------------------|--|
| Event number: 7: 100M FREESTYLE MEN 11+ | | | | Heat:2, starttime: 15:28 | |
| Heat: 2/7 Lane : 6 Athlete: SINNESAEEL CASPER | | | | Q-time: 01:13:92 | |
| PB (25m pool): 01:13.92 leper 04/01/2026 | | | PB (50m pool): 01:14.28 SB: 01:13.92 leper 04/01/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:35.75 | | 01:13.92 | |
| | 00:35.75 | | 00:38.17 | | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 7: 100M FREESTYLE MEN 11+ | | | | Heat:3, starttime: 15:30 | |
| Heat: 3/7 Lane : 1 Athlete: STEEN REMI | | | | Q-time: 01:10:93 | |
| PB (25m pool): 01:10.93 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:13.87 SB: 01:10.93 Zwembad De Treffer 06/04/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:34.16 | | 01:10.93 | |
| | 00:34.16 | | 00:36.77 | | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 7: 100M FREESTYLE MEN 11+ | | | | Heat:3, starttime: 15:30 | |
| Heat: 3/7 Lane : 5 Athlete: VANDEPUTTE JORBE | | | | Q-time: 01:08:22 | |
| PB (25m pool): 01:08.22 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:10.72 SB: 01:08.22 Zwembad De Treffer 06/04/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:33.67 | | 01:08.22 | |
| | 00:33.67 | | 00:34.55 | | |
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Coach feedback:

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: IKZ

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|---|-------------|-------------|---|---------------------------------|--|
| Event number: 8: 100M BREASTSTROKE WOMEN 11+ | | | | Heat:2, starttime: 16:01 | |
| Heat: 2/4 Lane : 3 Athlete: DE WEVER MAUD | | | | Q-time: 01:27:80 | |
| PB (25m pool): 01:27.80 Diksmuide 08/02/2026 | | | PB (50m pool): 01:31.61 SB: 01:27.80 Diksmuide 08/02/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:41.75 | | 01:27.80 | |
| | 00:41.75 | | 00:46.05 | | |
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Coach feedback:

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|---|-------------|-------------|---|---------------------------------|--|
| Event number: 8: 100M BREASTSTROKE WOMEN 11+ | | | | Heat:4, starttime: 16:04 | |
| Heat: 4/4 Lane : 6 Athlete: SCHACHT HANNE | | | | Q-time: 01:19:55 | |
| PB (25m pool): 01:19.25 WAREGEM 21/04/2025 | | | PB (50m pool): 01:23.54 SB: 01:19.55 Temse 17/11/2025 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:37.71 | | 01:19.25 | |
| | 00:37.71 | | 00:41.54 | | |
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Coach feedback:

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|---|-------------|-------------|---|---------------------------------|--|
| Event number: 9: 100M BREASTSTROKE MEN 11+ | | | | Heat:1, starttime: 16:07 | |
| Heat: 1/2 Lane : 7 Athlete: VANDEPUTTE JORBE | | | | Q-time: 01:27:60 | |
| PB (25m pool): 01:27.60 Diksmuide 08/02/2026 | | | PB (50m pool): 01:29.40 SB: 01:27.60 Diksmuide 08/02/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:41.64 | | 01:27.60 | |
| | 00:41.64 | | 00:45.96 | | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 9: 100M BREASTSTROKE MEN 11+ | | | | Heat:1, starttime: 16:07 | |
| Heat: 1/2 Lane : 8 Athlete: STEEN REMI | | | | Q-time: 01:30:98 | |
| PB (25m pool): 01:30.98 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:34.04 SB: 01:30.98 Zwembad De Treffer 06/04/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:43.92 | | 01:30.98 | |
| | 00:43.92 | | 00:47.06 | | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 10: 100M BREASTSTROKE MIXED 10-9 | | | | Heat:1, starttime: 16:11 | |
| Heat: 1/1 Lane : 1 Athlete: SINNESAEI NOAH | | | | Q-time: 02:08:19 | |
| PB (25m pool): 02:08.19 leper 04/01/2026 | | | PB (50m pool): no time SB: 02:08.19 leper 04/01/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:59.96 | | 02:08.19 | |
| | 00:59.96 | | 01:08.23 | | |
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Coach feedback:

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|---|-------------|-------------|---|---------------------------------|--|
| Event number: 10: 100M BREASTSTROKE MIXED 10-9 | | | | Heat:1, starttime: 16:11 | |
| Heat: 1/1 Lane : 4 Athlete: DIERKENS HENRI | | | | Q-time: 01:43:06 | |
| PB (25m pool): 01:44.06 leper 04/01/2026 | | | PB (50m pool): 01:43.06 SB: 01:44.06 leper 04/01/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:50.71 | | 01:44.06 | |
| | 00:50.71 | | 00:53.35 | | |
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Coach feedback:

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 10: 100M BREASTSTROKE MIXED 10-9 | | | | Heat:1, starttime: 16:11 | |
| Heat: 1/1 Lane : 7 Athlete: HOLVOET LUCIE | | | | Q-time: 02:06:19 | |
| PB (25m pool): 02:06.19 leper 04/01/2026 | | | PB (50m pool): no time SB: 02:06.19 leper 04/01/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:59.81 | | 02:06.19 | |
| | 00:59.81 | | 01:06.38 | | |
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Coach feedback:

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|--|-------------|-------------|---|---------------------------------|--|
| Event number: 11: 100M BACKSTROKE WOMEN 11+ | | | | Heat:2, starttime: 16:17 | |
| Heat: 2/3 Lane : 5 Athlete: DEPUYDT HASSE | | | | Q-time: 01:14:24 | |
| PB (25m pool): 01:14.24 Diksmuide 12/10/2025 | | | PB (50m pool): 01:16.08 SB: 01:14.24 Diksmuide 12/10/2025 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:36.11 | | 01:14.24 | |
| | 00:36.11 | | 00:38.13 | | |
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Coach feedback:

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|---|--------------|--------------|--|---------------------------------|--|
| Event number: 11: 100M BACKSTROKE WOMEN 11+ | | | | Heat:2, starttime: 16:17 | |
| Heat: 2/3 Lane : 6 Athlete: NOPPE PAULINE | | | | Q-time: 01:15:15 | |
| PB (25m pool): 01:15.15 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:16.26 SB: 01:15.15 Zwembad De Treffer 06/04/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | 00:36.93 | | 01:15.15 | |
| | 00:36.93 | | 00:38.22 | | |
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Coach feedback:

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|--|--------------|--------------|---|---------------------------------|--|
| Event number: 11: 100M BACKSTROKE WOMEN 11+ | | | | Heat:3, starttime: 16:19 | |
| Heat: 3/3 Lane : 2 Athlete: VELGHE LAURA | | | | Q-time: 01:09:73 | |
| PB (25m pool): 01:09.73 Meulebeke 19/04/2026 | | | PB (50m pool): 01:12.76 SB: 01:09.73 Meulebeke 19/04/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | 01:09.73 | |
| | no time | | | | |
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Coach feedback:

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|--|--------------|--------------|---|---------------------------------|--|
| Event number: 12: 100M BACKSTROKE MEN 11+ | | | | Heat:2, starttime: 16:24 | |
| Heat: 2/4 Lane : 2 Athlete: SINNESAEEL CASPER | | | | Q-time: 01:20:14 | |
| PB (25m pool): 01:20.14 Meulebeke 19/04/2026 | | | PB (50m pool): 01:24.31 SB: 01:20.14 Meulebeke 19/04/2026 | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | 01:20.14 | |
| | no time | | | | |
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Coach feedback:

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|---|--------------|--------------|------------------------------------|---------------------------------|--|
| Event number: 12: 100M BACKSTROKE MEN 11+ | | | | Heat:2, starttime: 16:24 | |
| Heat: 2/4 Lane : 8 Athlete: VANBRABANT ESBEN | | | | Q-time: 01:24:91 | |
| PB (25m pool): no time | | | PB (50m pool): no time SB: no time | | |
| | 2 5 M | 5 0 M | 7 5 M | 1 0 0 M | |
| PB | | no time | | no time | |
| | no time | | | | |
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Coach feedback:

Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: IKZ

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|---|-------------|-------------|--|---------------------------------|--|
| Event number: 13: 100M BUTTERFLY WOMEN 11+ | | | | Heat:1, starttime: 16:31 | |
| Heat: 1/1 Lane : 5 Athlete: VERSTRAETE LINDE | | | | Q-time: 01:10:07 | |
| PB (25m pool): 01:11.22 Zwembad De Treffer 06/04/2026 | | | PB (50m pool): 01:10.07 SB: 01:11.22 Zwembad De Treffer 06/04/2026 | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:33.48 | | 01:11.22 | |
| | 00:33.48 | | 00:37.74 | | |
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Coach feedback:

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|---|-------------|-------------|-------------------------------------|---------------------------------|--|
| Event number: 13: 100M BUTTERFLY WOMEN 11+ | | | | Heat:1, starttime: 16:31 | |
| Heat: 1/1 Lane : 6 Athlete: DEPUYDT HASSE | | | | Q-time: 01:14:55 | |
| PB (25m pool): 01:14.55 LAGO Zwevegem 09/06/2025 | | | PB (50m pool): 01:17.50 SB: no time | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | 00:33.89 | | 01:14.55 | |
| | 00:33.89 | | 00:40.66 | | |
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Coach feedback:

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|---|-------------|-------------|------------------------------------|---------------------------------|--|
| Event number: 14: 100M BUTTERFLY MEN 11+ | | | | Heat:1, starttime: 16:34 | |
| Heat: 1/2 Lane : 1 Athlete: VANBRABANT ESBEN | | | | Q-time: 01:38:95 | |
| PB (25m pool): no time | | | PB (50m pool): no time SB: no time | | |
| | 25 M | 50 M | 75 M | 100 M | |
| PB | | no time | | no time | |
| | no time | | | | |
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Coach feedback: